

Green Belt to Blue Belt (Sankyu to Nikyu)		
Idori Waza (Suwari Waza)	Seated Techniques	居捕技 (座技)
Te Kagami	Hand Mirror	手鏡
Kannucki	Locking (Arm) Bar Technique	関技
Gyakute Kannucki	Reverse Hand Locking Bars	逆手関
Aya Dori	Woven Cloth Art	綾踊り
Tachi Waza	Standing Techniques	立技
Te Kagami	Hand Mirror	手鏡
Tawara Gaeshi	Rice Bale Reversal	俵返
Irimi Nage	Entering Body Throw	入身投
Kuchiki Daoshi	Decayed Tree Topple	朽木倒
Kannucki Waza	Locking (Arm) Bar Technique	関技
Gyakute Kannucki	Reverse Hand Locking Bars	逆手関
Seoi Nage	Back Carrying Throw	背負投
Kime Waza	Finishing Techniques	極技
Hayanada	Quick Blade	早刀
Ne Waza	Ground Techniques	寝技
Katsura Wari	Split the Judas Tree	桂割
Ude Garami	Arm Entanglement	腕搦(絡)
Juji Gatame	Shape of the Number Ten Lock	十字固
Kata Gatame	Shoulder Lock	肩固
Goshinyo no Te	The Hand of Self Defence System	護身用之手
Hagai Jime Gaeshi	Wings Pinion Reversal	羽交絞返