

Brown Belt to First Degree Black Belt (Ikkyu to Shodan)		
Idori Waza (Suwari Waza)	Seated Techniques	居捕技 (座技)
Yoko Katate Osae Dori	Side One Hand Pressing Art	横片手押踊
Gyakudasuki	Reverse Kimono Sleeve Cord	逆襷
Matsuba Dori	Pine Needle Art	拇指り
Sankyo	Third Principle	三教
Karami Zume	Entangled Lock	絡詰
Waki Kujiki	Side Breaking	脇挫
Tachi Waza	Standing Techniques	立技
Senryu Nage	Hidden Dragon Throw	潜龍投
Harai Goshi	Sweeping Hip	払腰
Suisha Omote* (Mizu Guruma)	Water Wheel (Outside-Visible)	水車面
Konoha Gaeshi	Leaf of the Tree Reversal	木の葉返
Mukae Daoshi	Ambushing Topple	迎倒
Karami Nage	Entangled Throw	絡投
Sankyo	Third Principle	三教
Futari Dori	Two Person Art	二人踊
Kime Waza	Finishing Techniques	極技
Nihon Dori Mute Gime	Two Arm Seizure (using) No Hands Finish	二本捕無手極
Ashi Garami Mute Gime	Entangled Legs (using) No Hands Finish	足搦無手極
Kataha Mute Gime	Single Wing (using) No Hands Finish	片無手極
Shime Waza	Strangulation Techniques	極技
Kataha Jime	Single Wing Strangle	片絞
Hadaka Jime	Naked Strangle	裸絞
Sankaku Ude Jime	Triangular Arm Strangle	三角腕絞
Goshinyo no Te	The Hand of Self Defence System	護身用之手
Jiyu Randori	Free Battle	自由乱取

*Kaiten Nage Henka – Rotary Throw Variation (回転投変化)